



look good **feel better**

FACING CANCER WITH CONFIDENCE

Virtual Workshop

Join us for a free virtual, interactive Look Good Feel Better workshop, helping you face cancer with confidence.

Two options are available and you can register for one or both:

Skin care and make-up (1 hour), addressing common side-effects like dryness and sun sensitivity; correcting and concealing redness, sallowness, pigmentation and dark circles; and techniques for drawing on eyebrows and eyelashes.

Wigs and headwear (1 hour) offering advice on wig selection, wig care, scarf styling and alternative headwear options.

You will need:

- A reliable internet connection
- A webcam (if your computer or tablet doesn't have a built-in camera)
- Speakers and a microphone (or a tablet or telephone with a speaker)
- A well-lit room
- Your Home-Delivered Confidence Kit or some basic items - we will provide a list prior to the workshop. (Or you're welcome to just observe!)

A link for accessing the workshop will be provided upon registration.

To register, visit lgfb.org.au/workshop

