

Look Good Feel Better for men!

Look Good Feel Better is a free national community service program, run by the Cancer Patients Foundation, dedicated to teaching cancer patients practical strategies to manage the physical, psychological and social impacts of cancer treatment.

We proudly educate and empower men undergoing any type of treatment for any type of cancer to help them face their diagnosis with confidence through:

Face-to-Face and Virtual Workshops

Interactive workshops offering practical strategies to manage the appearance-related side effects of treatment, and improve health, fitness, mobility and mental wellbeing.

Home-Delivered Confidence Kits

Confidence Kits delivered directly to those undergoing treatment. The Kit includes skincare products and an instructional guide, offering the practical benefits of a Look Good Feel Better workshop from the comfort of home.

To register for a Virtual Workshop, request a Home-Delivered Confidence Kit, or to find out more visit lgfb.org.au or phone 1800 650 960



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FACING CANCER WITH CONFIDENCE

